

Julian A. Scheffer
PhD Student, Psychology

Contact Information

The Pennsylvania State University
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Research Interests

Morality, Empathy, Decision-Making, Social Neuroscience, Cognitive Neuroscience

Education

- 2016-Present **Pennsylvania State University, University Park, PA, USA**
PhD, Social Psychology
Specialization, Cognitive and Affective Neuroscience (SCAN)
PhD Advisor: Dr. Daryl Cameron
SCAN Advisor: Dr. Charles Geier
- 2014-2016 **University of Iowa, Iowa City, IA, USA**
MA, Social Psychology
Trainee, T32 Behavioral-Biomedical Interface
MA Advisor: Dr. Daryl Cameron
T32 Advisors: Dr. Daniel Tranel, Dr. Jan Wessel
- 2008-2013 **University of Toronto, Scarborough, ON, CAN**
BSc, Majors in Neuroscience and Psychology
BSc Advisors: Dr. Elizabeth Page-Gould, Dr. Michael Inzlicht

Research Fellowships

- 2016-2017 NIH T32 Fellowship, *University of Iowa* (declined)
2015-2016 NIH T32 Fellowship, *University of Iowa*

Peer-Reviewed Manuscripts

- Cameron, C.D., Hutcherson, C.A., Ferguson, A.M., **Scheffer, J.A.**, Hadjiandreou, E., & Inzlicht, M. (in press). Empathy is hard work: People avoid empathy due to its cognitive costs. *Journal of Experimental Psychology: General*.
- Cameron, C.D., Payne, B.K., Sinnott-Armstrong, W., **Scheffer, J.A.**, & Inzlicht, M. (2017). Implicit moral evaluations: A multinomial modeling approach. *Cognition, 158*, 224-241.
- Cameron, C. D., **Scheffer, J.A.**, & Spring, V.L. (2018). Implicit moral cognition. In J. Graham & K. Gray (Eds.), *Atlas of Moral Psychology*. Guilford Press.

Manuscripts Under Review

- Scheffer, J.A.**, Cameron, C.D., & Inzlicht, M. *Caring is costly: People avoid the cognitive work of compassion*. Under review at *Journal of Experimental Psychology General*.
- Scheffer, J.A.**, Cameron, C. D., Scherer, A., McKee, S., & Hadjiandreou, E. *Bleeding or cold hearts?: Examining ideological stereotypes about compassion*. Revise and resubmit at *Emotion*.

Manuscripts in Preparation

Scheffer, J.A., Wessel, J.* & Cameron, C.D.* (in preparation). *Can't stop the feeling: Empathy's cognitive costs delay motor inhibition.*

Scheffer, J.A., Cameron, C.D., Packer, D.J., & Van Bavel, J. (in preparation). *Motivated moral construal: Intergroup preferences to moralize transgressions.*

Scheffer, J.A.*, Reber, J.* & Cameron, C.D., & Tranel, D. (in preparation). *Approaching the cognitive costs of empathy: Do amygdala lesions increase empathy choice?*

Reber, J.* & **Scheffer, J.A.***, Cameron, C.D., & Tranel, D. (in preparation). *Who's really driving the trolleys?: Decomposing moral dilemma judgments by individuals with vmPFC lesions using process dissociation.*

(*equal author contributions)

Conference Presentations

Scheffer, J.A., Cameron, C.D., Scherer, A.M., McKee, S., & Hadjiandreou, E. (March, 2018). *Bleeding or cold hearts? Examining ideological stereotypes about compassion.* Findings presented at the Emotion Preconference at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA, USA.

Scheffer, J.A., Cameron, C.D., & Inzlicht, M. (October, 2017). *Caring is costly: People avoid the cognitive effort of compassion.* Findings presented at the meeting of the Moral Psychology Research Group, State College, PA, USA.

Scheffer, J.A., Cameron, C.D., & Inzlicht, M. (April, 2017). *Feeling with or caring for? Comparing empathy and compassion avoidance.* Findings presented at the 89th annual meeting of the Midwestern Psychological Association, Chicago, IL, USA.

Scheffer, J.A., Cameron, C.D., Payne, B.K., Sinnott-Armstrong, W., & Inzlicht, M. (May, 2015). *Implicit moral cognition: A process dissociation approach.* Findings presented at the 87th annual meeting of the Midwestern Psychological Association, Chicago, IL, USA.

Scheffer, J.A., & Page-Gould, E. (April, 2012). *Success in academics: Implicit theories of intelligence with intrinsic and extrinsic motivators.* Findings presented at the 42nd annual York University Undergraduate Thesis Conference, Toronto, ON, CAN.

Conference Posters

Scheffer, J.A., Cameron, C.D., & Inzlicht, M. (February, 2019). *Parochial compassion: People choose compassion more for loved ones compared to strangers.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR, USA.

Scheffer, J.A., Cameron, C.D., & Inzlicht, M. (January, 2017). *Feeling with or caring for? Comparing empathy and compassion avoidance.* Poster presented at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonio, TX, USA.

Scheffer, J.A., Cameron, C.D., Payne, B.K., Sinnott-Armstrong, W., & Inzlicht, M. (February, 2015). *Implicit moral cognition: A process dissociation perspective.* Poster presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA, USA.

Scheffer, J.A., & Page-Gould, E. (February, 2014). *The parent-student dyad: Research suggests that students' perceptions of their mother's goals for their desire to develop academic ability is more beneficial for academic achievement than perceptions of their father's goals.* Poster presented at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, TX, USA.

Scheffer, J.A., & Page-Gould, E. (May, 2013). *Success in academics: Implicit theories of intelligence with intrinsic and extrinsic motivators.* Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, DC, USA.

Teaching

Penn State University

Research Methods in Psychology, World Campus Instructor (Fall 2018; Spring 2019)
Guest Lecturer on Empathy and Morality (Positive Psychology, Instructor: Troy Steiner; Fall, 2018)
Research Methods in Psychology, Lab Instructor (Spring, 2018; Fall, 2017)

University of Iowa

Guest Lecturer on Neuroscience (Intro to Psychology, Instructor: Ji Xia; Summer, 2015)

Service

Service to the Profession

Ad Hoc Manuscript Review

Personality and Social Psychology Bulletin

Service to Penn State University

College of Liberal Arts & Sciences

Graduate Alliance in Diversity and Inclusion (GADI; Steering & Social Rep, 2017-2018)

Departmental Service

Social Psychology Area Student Rep (2017-2019)

BRIDGE Diversity Committee (Steering Rep 2017-2019; Media Rep 2016-2017)

AXONS Advisory Board (Vice-President, 2017-2018; Secretary, 2016-2017)

Department Climate Reviewer (Fall 2017, Spring 2019)

Service to University of Iowa

University Service

Undergraduate Research Fair Judge (2014-2016)

Professional Development

Essentials of Online Teaching, Penn State University World Campus

SafeZone 101 & Transgender 101 Training, Penn State University LGBTQA Resource Center

Entering Mentoring, University of Iowa Graduate College

Honors & Awards

2019	Summer Institute in Social and Personality Psychology, <i>SPSP</i> ; SSHRC Doctoral Award Honorable Mention, <i>Government of Canada</i> ; BRIDGE Impact Award, <i>Penn State Psychology Department</i>
2018	SSHRC Doctoral Award Honorable Mention, <i>Government of Canada</i> ; SSNaP Award Honorable Mention
2017	Herman Goffberg Memorial Travel Award, <i>PSU</i> ; Diversity Travel Award, <i>MPA</i> ; Travel Award, <i>PSU</i>
2016	BBIP T32 Summer Training Grant, <i>University of Iowa</i>
2015	BBIP T32 Summer Training Grant, <i>University of Iowa</i> ; GPSG Travel Grant, <i>University of Iowa</i> ; GSS Travel Grant, <i>University of Iowa</i>
2014	SSHRC CGS-M Award Honorable Mention, <i>Government of Canada</i>
2013	Honors List, <i>University of Toronto</i> ; Letter Award, <i>University of Toronto</i>
2012	Honors List, <i>University of Toronto</i>

Skills & Experience

Methods	High-Density EEG, fMRI, Peripheral Physiology, Electromyography
Hardware	BIOPAC, MindWare, BrainVision
Software	Matlab, E-Prime, DirectRT, MediaLab
Statistical Analyses	SPSS, R