Julian A. Scheffer, Ph.D.
Assistant Professor
Department of Psychology
University of Western Ontario

Contact Information

University of Western Ontario
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Academic Appointments

2024-present   **University of Western Ontario**, *London, ON, CAN*
               Assistant Professor, Psychology Department

2021 – 2024   **University of California Berkeley**, *Berkeley, CA, USA*
               Postdoctoral Research Fellow, Institute of Personality and Social Research (IPSR)

Education History

2016 – 2021   **The Pennsylvania State University**, *University Park, PA, USA*
               Ph.D. in (Social) Psychology
               Specialization in Cognitive and Affective Neuroscience (SCAN)
               Dissertation Title: Intergroup morality: Strategic moralization for "Us" and "Them"
                    *Alumni Association Dissertation Award from The Graduate School

2014 – 2016   **University of Iowa**, *Iowa City, IA, USA*
               M.A. in (Social) Psychology
               Trainee in the T32 Behavioral-Biomedical Interface, Iowa Neurology
               Thesis Title: Moving the moral muscle: The link between self-control and moral behavior depends on
                    motivation

2008 – 2013   **University of Toronto**, *Scarborough, ON, CAN*
               H.B.Sc. in Neuroscience and Psychology
               Honors Thesis Title: Success in academics: Implicit theories of intelligence with intrinsic and extrinsic
                    motivators

Research

My research broadly examines the effectiveness of socioemotional processes such as empathy and compassion. I test
how perceptions of mental effort, neural damage, and neurodegeneration affect people's propensity and capacity to
want to understand other people's perspectives and foster concern for their well-being. Further, I examine how
empathy and compassion wax and wane across challenging interpersonal and intergroup contexts, such as with
political rivals, caregivers of those with neurodegenerative diseases, and in shaping allyship for social disparities.
Finally, I spotlight the perspectives of people often targeted with empathy (e.g., marginalized group members), and
whether non-marginalized perceivers' goals of allyship–e.g., to understand the experiences of marginalized minorities–
place burdens on the people with whom they hope to support.

Fellowships

2016 – 2017   Predoctoral T32 Fellowship, *University of Iowa* (declined, $18,600)

2015 – 2016   Predoctoral T32 Fellowship, *University of Iowa* ($18,600)

Honors & Awards

2021   Alumni Association Dissertation Award, *Penn State University Graduate School* ($5000)
            Bruce V. Moore Graduate Research Award, *Penn State University Psychology* ($650)

2020   Diversity Registration Award, *Society for Personality and Social Psychology* ($80)
            Registration Award, *Society for Personality and Social Psychology* (declined, $80)
            Superior Teaching and Research Award (STAR), *Penn State University College of Liberal Arts* ($2000)
            Bruce V. Moore Travel Award, *Penn State University Psychology* ($650)

2019   Doctoral Award Honorable Mention, *Social Sciences and Humanities Research Council of Canada*
            BRIDGE Diversity Impact Award, *Penn State University Psychology* ($250)
            Travel Award, *Penn State University Psychology* ($550)

2018   Doctoral Award Honorable Mention, *Social Sciences and Humanities Research Council of Canada*
            Research Grant Honorable Mention, *Summer Seminar in Neuroscience and Philosophy*
            Travel Award, *Penn State University Psychology* ($450)

2017   Herman Goffberg Memorial Travel Award, *Penn State University Psychology* ($500)
            Diversity Travel Award, *Midwestern Psychological Association* ($200)
            Travel Award, *Penn State University Psychology* ($450)

2016   Predoctoral T32 Summer Fund (EEG Methods), *University of Iowa Neurology* ($5100)

2015   Predoctoral T32 Summer Fund (Lesion Comparison Methods), *University of Iowa Neurology* ($5100)
            Travel Award, *University of Iowa Graduate & Professional Student Government* ($400)
            Travel Award, *University of Iowa Graduate Student Senate* ($300)

2014   Master's Award Honorable Mention (CGS-M), *Social Sciences and Humanities Research Council of Canada*
                 *Consideration withdrawn due to attending a U.S. Ph.D. program

2013   Honors List for Academic Achievement, *University of Toronto*
            Letter Award for Leadership at the University, *University of Toronto*

2012   Honors List for Academic Achievement, *University of Toronto*

Peer-Reviewed Manuscripts

Bullard, B.M., Brown, C.L., **Scheffer, J.A.**, Toledo, A.B., & Levenson. R.W. (2024). Emotion regulation strategies and mental health in dementia caregivers: The moderating role of gender. *Dementia and Geriatric Cognitive Disorders, 53*(3), 128-134.

Azevedo, F., Pavlović, T., do Rêgo, G. G., Ay, F. C., Gjoneska, B., Etienne, T. W., ... & Hudecek, M. F. (2023). Social and moral psychology of COVID-19 across 69 countries. *Scientific Data, 10*(1), 272.
          *Provided feedback on the editing of the manuscript.
          Preprint: PsyArXiv

Cameron, C.D., **Scheffer, J.A.**, Hadjiandreou, E., & Anderson, S. (2022). Motivated empathic choices. *Advances in Experimental Social Psychology*, *66*, 191-279. https://doi.org/10.1016/bs.aesp.2022.04.005

Scheffer, J.A., Cameron, C.D., & Inzlicht, M. (2022). Caring is costly: People avoid the cognitive work of compassion. *Journal of Experimental Psychology: General*, *151*(1), 172-196. https://doi.org/10.1037/xge0001073
          Data and study materials: https://osf.io/k25yr/
          Pre-registration (Study 8): https://aspredicted.org/4da6z.pdf
          Press release: Penn State News

Scheffer, J.A., Cameron, C.D., McKee, S., Hadjiandreou, E., & Scherer, A.M. (2022). Stereotypes about compassion across the political spectrum. *Emotion, 22*(3), 466-478. https://psycnet.apa.org/doi/10.1037/emo0000820
>   Press release: PsyPost

Van Bavel, J.J., Cichocka, A., Capraro, V., Sjåstad, H., Nezlek, J.B., Pavlović T., Alfano A., Gelfand, M.J., Azevedo, F., Birtel M.D., Cislak, A., Lockwood, P., Ross, R. M., Stoyanova, K.K., Abts, K., Amodio, D.M., Apps, M. A.J., Aruta, J.J.B.R., Besharati, S., …, Boggio, P. (2022). National identity predicts public health support during a global pandemic. *Nature Communications*, *13*, 517. https://doi.org/10.1038/s41467-021-27668-9
>   *Provided feedback on survey design; contributed to writing and editing of the manuscript.

Cameron, C.D., Conway, P., & **Scheffer, J.A.** (2021). Empathy regulation, prosociality, and moral judgment. *Current Opinion in Psychology, 44*, 188-195. https://doi.org/10.1016/j.copsyc.2021.09.011

Cameron, C.D., Hutcherson, C.A., Ferguson, A.M., **Scheffer, J.A.**, Hadjiandreou, E., & Inzlicht, M. (2019). Empathy is hard work: People choose to avoid empathy because of its cognitive costs. *Journal of Experimental Psychology: General, 148,* 962-976. https://doi.org/10.1037/xge0000595
>   Data and study materials: https://osf.io/j8dws/
>   Press release: Penn State News; American Psychological Association
>   Roy C. Buck Award for Best Annual Paper in Social Sciences awarded to C. Daryl Cameron (2020)

Cameron, C.D., Payne, B.K., Sinnott-Armstrong, W., **Scheffer. J.A.**, & Inzlicht, M. (2017). Implicit moral evaluations: A multinomial modeling approach. *Cognition, 158*, 224-241. https://doi.org/10.1016/j.cognition.2016.10.013
>   Press release: Penn State News

Book Chapters
Cameron, C. D., **Scheffer, J.A.**, & Spring, V.L. (2018). Implicit moral cognition. In J. Graham & K. Gray (Eds.), *Atlas of Moral Psychology*. Guilford Press.

Manuscripts Under Review (*equal author contributions, †mentored postbaccalaureate)
Scheffer, J.A.*, Reber, J.*, Cameron, C.D., & Tranel, D. Patients with amygdala lesions unexpectedly exhibit empathy motivation.

Scheffer, J.A., Wells, J.L., Yee, C.I., Merrilees, J., & Levenson, R.W. Lower income level is associated with less favorable health trajectories in caregivers of people with neurodegenerative disease after caregiving ends.

Scheffer, J.A., †Levan, D.T., Wells, J.L., Gallagher-Thompson, D., Grimm, K.J., Chen, K-H, Brown, C.L., Bullard, B., Yee, C.I., Newton, S., †Chen, E., Merrilees, J., Moss, D., Wang, G., & Levenson, R.W. In-home assistive technology protects dementia caregivers from worsening sleep efficiency.

Select Manuscripts in Preparation
Scheffer, J.A. Social emotions demand mental labor.
- Theoretical/perspective paper: *Manuscript drafted, preparing for submission.* (*Ph.D. comprehensive exam*)

Scheffer, J.A., Chen, K.H., Yee, C.I., Grimm, K., Merrilees, J., & Levenson, R.W. Cardiovascular changes in anticipation of emotional events in people with neurodegenerative diseases predicts improvements in caregiver emotional well-being after caregiving has ended.
- Empirical paper: *Data analyzed, manuscript drafted, preparing for submission*.

Reber, J.*, **Scheffer, J.A.***, & Tranel, D. Who's really driving the trolleys?: Decomposing moral dilemma judgments by individuals with vmPFC lesions using process dissociation.
- Empirical paper: *Data analysis and writing in progress.*

Chen, K.H., **Scheffer, J.A.**, Wells, J., Yee, C., Merrilees, J., & Levenson, R.W. Relationship quality buffers the
  association between emotional reactivity abnormality in persons with neurodegenerative diseases and lower well-
  being in family caregivers.
  - Empirical paper: *Data analyzed, manuscript drafted, preparing for submission*.

Invited Talks & Lectures, Conference Presentations, and Posters (†mentored postbaccalaureate)
"The other side of empathy: How it feels to share our experiences." Scheffer, J.A., Womick, J., Cameron, C.D., &
  Gray, K.
  Invited Talk: Department of Psychology, Santa Clara University, May 2024.
  Poster: Society for Personality and Social Psychology Social Cognition Preconference, San Diego, CA, Feb.
    2024.
  Invited Blitz Talk: Society for Personality and Social Psychology Authenticity Preconference (virtual), Feb.
    2024.
  Invited Talk: Social-Personality Brownbag, University of California, Davis, Oct. 2023.

"Wearable-based measures of proximity and movement are associated with activities of daily living in people with
  dementia and perceived burden in family caregivers." Chen, K.H., Chen, E., †Levan, D.T., Paul, D., Newton, S.,
  Yee, C.I., Merrilees, J.J., **Scheffer, J.A.**, Chen, S., & Levenson, R.W.
  Invited Talk: Alzheimer's Association International Conference, Amsterdam, NL, July 2023 (by Kuan-Hua
    Chen).

"Lower income in caregivers of people with neurodegenerative diseases is associated with less improvement in
  emotional well-being after caregiving is over." **Scheffer, J.A.**, Yee, C.I., Wells. J.L., †Chen, E., †Heath, D., †Levan,
  D.T., Merrilees, J., & Levenson, R.
  Poster: Society for Affective Science, Long Beach, CA, Mar. 2023.
  Invited Talk: Gerontological Society of America, Tampa, FL, Nov. 2023 (in Marital Transitions in Mid and
    Late Life, Chair: Joan Monin).

"Modulation of caregiver emotional valence during interaction: The role of emotion recognition in persons with
  dementia." Chen, E., Brown, B., †Cozad, H., **Scheffer, J.A.**, Chen, K.H., & Levenson, R. W.
  Poster: Society for Affective Science, Long Beach, CA, Mar. 2023 (by Enna Chen).

"Modulation of informal dementia caregivers' emotion during conflict and depressive symptoms." Brown, C., Chen,
  E., Chen, K.H., **Scheffer, J.A.**, & Levenson, R.W.
  Invited Talk: Society for Affective Science, Long Beach, CA, Mar. 2023 (by Casey Brown).

"Relationship satisfaction in people with dementia and their caregivers: Caregivers for people with frontotemporal
  dementia experience lower satisfaction within their relationships." †Cozad, H., **Scheffer, J.A.**, Brown, C.L., &
  Levenson, R.W.
  Poster: Society for Affective Science, Long Beach, CA, Mar. 2023 (by †Hannah Cozad).

"Remotely measured in-home co-location of dementia caregivers and care recipients is associated with changes in
  caregivers' depressive symptoms." Chen, K.H., †Chen, E., †Levan, D.T., Yee, C.I., Merrilees, J., Scheffer, J.A.,
  Chen, S., & Levenson, R.W.
  Invited Talk: American Psychosomatic Society, Mar. 2023 (by Kuan-Hua Chen).

"Social emotions and mental labor: Using effort and neurological models to examine decisions to experience empathy
  and compassion."
  Invited Talk: Department of Psychological and Brain Sciences, UMass Amherst, Dec. 2022
  Invited Talk: Department of Psychology, Western University, Nov. 2022

"Remotely measured in-home distance from care recipient predicts dementia caregivers' loneliness." Chen, K.H., †Chen, E., †Levan, D.T., Yee, C.I., Merrilees, J., **Scheffer, J.A.,** Chen, S., & Levenson, R.W.
  Invited Talk: Gerontological Society of America, Nov. 2022 (by Kuan-Hua Chen).

"Emotional functioning in people with dementia and caregiver affect during dyadic interactions." †Cozad, H.O., †Chen, E., Brown, C.L., **Scheffer, J.A.**, Chen, K. H., & Levenson, R.W.
  Poster: Gerontological Society of America, Nov. 2022 (by Hannah Cozad).

"Heart rate changes in anticipation of emotional events in people with neurodegenerative disease predicts improvement in caregiver emotional well-being after caregiving has ended." **Scheffer, J.A.**, Chen, K.H., Yee, C.I., †Chen, E., †Heath, D.M., †Levan, D.T., Grimm, K., Merrilees, J., & Levenson, R.W.
  Invited Talk: Society for Affective Science, Mar. 2022.
  Poster: Society for Personality and Social Psychology Health Preconference, Feb. 2022.

"Relationship quality buffers the association between emotional reactivity abnormality in persons with neurodegenerative diseases and lower well-being in family caregivers." Chen, K.H., **Scheffer, J.A.**, Wells, J., Yee, C., Merrilees, J., & Levenson, R.W.
  Invited Talk: Society for Affective Science, Mar. 2022 (by Kuan-Hua Chen).

"In-home assistive technology prevents declines in sleep quality in caregivers for people with dementia." †Levan, D.T., †Chen, E., †Heath, D.M., Bullard, B.M., **Scheffer, J.A.**, Chen, K.H., Yee, C.I., & Levenson, R.W.
  Poster: Society for Personality and Social Psychology Intervention Science Preconference, Feb. 2022 (by †Darius Levan).

"Empathic propensities in amygdala and vmPFC lesion patients: Investigating neural contributions for motivation to experience empathy" **Scheffer, J.A.**, Reber, J., Cameron, C.D., & Tranel, D.
  Poster: Society for Affective Science Positive Emotions Preconference, Mar. 2022.
  Poster: Society for Personality and Social Psychology Emotion Preconference, Feb. 2022.

"Empathy and Feminist Standpoint Theory: Impact of shared identity and understanding on empathic targets' feelings and perceptions of empathizers." Lewis, K.A., **Scheffer, J.A.**, & Vescio, T.K.
  Poster: Society for Personality and Social Psychology, Feb. 2022 (by Kathrine Lewis).

"Social Emotions Demand Mental Labor" **Scheffer, J.A.**, & Cameron, C.D.
  Poster: Mental Effort Workshop, Sept. 2021.
  Invited Talk: Berkeley Psychophysiology Lab at the University of California Berkeley, May 2021.
  Invited Talk: Stigma and Motivation Lab at the University of Toronto, Apr. 2021.
  Invited Talk: University of New Mexico Psychology Department, Mar. 2021.
  Poster: Society for Personality and Social Psychology, Feb. 2021.
  Invited Talk: FeldmanHall Lab at Brown University, Sept. 2020.
  Poster: Society for Personality and Social Psychology, Feb. 2020.

"Political empathy bias during the 2020 US Presidential Election." Hadjiandreou, E., Cameron, C.D., Anderson, S., & **Scheffer, J.A.**
  Invited Talk: Society for Affective Science Positive Emotions Preconference, Apr. 2021 (by Eliana Hadjiandreou).

"Intergroup morality: Strategic moralization for "Us" and "Them"." and "Motivated moral construal: Examining intergroup preferences to moralize transgressions." **Scheffer, J.A.**, Cameron, C.D., & Packer, D.J.
  Poster: Society for Personality and Social Psychology Justice and Morality Preconference, Feb. 2020, New Orleans, LA.

"Social norms shape empathic choices" Hadjiandreou, E., Cameron, C.D., **Scheffer, J.A.**, & Inzlicht, M.

Poster: Society for Personality and Social Psychology, Feb. 2019, Portland, OR (by Eliana Hadjiandreou).

"Who's really driving the trolley? Decomposing moral dilemma judgments by individuals with vmPFC lesions using process dissociation" Reber, J., **Scheffer, J.A.**, Cameron, C.D., & Tranel, T.
> ***Poster***: Society for Personality and Social Psychology, Feb. 2019, Portland, OR (by Justin Reber).

"Caring is costly: People avoid the cognitive effort of compassion" **Scheffer, J.A.**, Cameron, C.D., & Inzlicht, M.
> ***Poste***r: Society for Personality and Social Psychology Emotion Preconference, Feb. 2019, Portland, OR.
> ***Invited Talk***: Society for Affective Science Positive Emotions Preconference, Apr. 2018, Los Angeles, CA (by Daryl Cameron).
> ***Invited Talk***: Society for Personality and Social Psychology, Mar. 2017, Atlanta, GA (by Daryl Cameron).
> ***Invited Talk***: Moral Psychology Research Group, Oct. 2017, State College, PA.
> ***Poster***: Society for Personality and Social Psychology, Jan. 2017, San Antonio, TX.
> ***Invited Talk***: Midwestern Psychological Association, May 2015, Chicago, IL.

"Stereotypes about compassion across the political spectrum" and "Bleeding or cold hearts? Examining ideological stereotypes about compassion." **Scheffer, J.A.**, Cameron, C.D., Scherer, A.M., McKee, S., & Hadjiandreou, E.
> ***Invited Talk***: Society for Personality and Social Psychology Emotion Preconference, Mar. 2018, Atlanta, GA.

"Empathy is hard work: People avoid empathy because of its cognitive costs" Cameron, C.D., Hutcherson, C.A., Ferguson, A.M., **Scheffer, J.A.**, Hadjiandreou, E., & Inzlicht, M.
> ***Invited Talk***: Consortium for European Research on Emotion (CERE), Apr. 2018, University of Glasgow, Glasgow, UK (by Amanda Ferguson).
> ***Invited Talk***: Association for Psychological Science, May 2017, Boston, MA (by Daryl Cameron).
> ***Invited Talk*** Society for Personality and Social Psychology, Jan. 2017, San Antonio, TX (by Michael Inzlicht).
> ***Poster***: Society for Personality and Social Psychology, Jan. 2017, San Antonio, TX (by Amanda Ferguson).

"Implicit moral evaluations: A multinomial modeling approach" Cameron, C.D., Payne, B.K., Sinnott-Armstrong, W., **Scheffer. J.A.**, & Inzlicht, M.
> ***Invited Talk***: Midwestern Psychological Association, May 2015, Chicago, IL, USA.
> ***Poster***: Society for Personality and Social Psychology, Feb. 2015, Long Beach, CA.

"Success in academics: Implicit theories of intelligence with intrinsic and extrinsic motivators" **Scheffer, J.A.**, & Page-Gould, E.
> ***Poster***: Society for Personality and Social Psychology, Feb. 2014, Austin, TX.
> ***Poster***: Association for Psychological Science, May 2013, Washington, DC.
> ***Invited Talk***: York University Undergraduate Thesis Conference, Apr. 2012, Toronto, ON, CAN.

Teaching

Instructor of Record
Research Methods in Psychology, The Pennsylvania State University World Campus
> Fall 2018; Spring 2019; Fall 2020; Spring 2021
> Administered in the online environment using CANVAS for 20-25 students per semester

Teaching Assistant
Social Psychology and Evaluation (Instructor: Dr. Melvin Mark; Spring 2020)
Social and Personality Development (Instructor: Dr. Nhi Thai; Spring 2020)
Research Methods in Psychology (Instructor: Dr. Nicholas Pearson; Spring 2018
Research Methods in Psychology (Instructor: Dr. Greg Lovisky; Fall 2017)

Guest Lectures
   The Somatic Marker Hypothesis (Course: Human Emotions; Instructor: Dr. Reginald Adams; Fall 2019)
   Empathy's Costs (Course: Positive Psychology; Instructor: Dr. Reginald Adams; Fall 2019)
   Empathy and Morality (Course: Positive Psychology; Instructor: Troy Steiner; Fall 2018)
   Introduction to Neuroscience (Course: Intro to Psychology; Instructor: Ji Xia; Summer 2015)

Selected Student Ratings of Teaching Effectiveness
Research Methods; Spring 2021, The Pennsylvania State University World Campus
   Average rating: 5.73/7.00

   <u>What aspects of this course helped you learn?</u>
   - "… Julian did a great job with his feedback on all assignments. For the most extensive assignments, Julian's feedback was incredible in helping me become a more concise, technical writer. His feedback was always constructive and he communicated his ideas well. One aspect that truly helped me was Julian's willingness to help me through email. I was able to bounce ideas off him and while he never gave the answer, he was able to provide excellent guidance and suggestions to help me decide which direction to move forward…"

   - "Professor Scheffer was amazing and helped me so much throughout this course. He always promptly answered my questions and e-mails thoroughly which was super helpful…"

   - "The professor is very intelligent and seems well informed. I appreciate his up to date academic references. His input throughout the course helped shape the final project in constructive and creative ways."

Research Methods; Spring, 2019, The Pennsylvania State University World Campus
   Average rating: 5.54/7.00; Instructor quality rating: 5.80/7.00

   <u>What helped you learn in this course?</u>
   - "The instructor's detailed feedback in regards to writing and assignments was extremely helpful."

   - "I thought that the professor requesting that we respond to each announcement post was very effective. This way I felt more pressed to read the announcements carefully instead of putting it off as something I would do later. And considering how these announcements were filled with crucial information concerning our assignments, I was sure to read and re-read everything."

   <u>Which elements of this course contributed most effectively to your learning?</u>
   - "My instructor, who was understanding and cooperative regarding deadlines in response some … mayhem I encountered, however not flexible regarding grading. This forced me to get a grip and take requirements seriously. Which I appreciate."

   - "Detailed feedback"

Service
Consulting Editor
Emotion

External Reviewer
Austrian Science Fund (FWF)
National Science Foundation (NSF)
Social Sciences and Humanities Research Council (SSHRC)

Ad Hoc Review Experience
British Journal of Social Psychology

Cognition
Emotion (x5)
European Journal of Social Psychology
Frontiers in Psychology
Motivation and Emotion
Personality and Social Psychology Bulletin (x4)
Psychological Science
Scientific Reports
Social Cognitive and Affective Neuroscience
Social Neuroscience
Social Science Research

Mentorship & Supervision
University of Western Ontario
   Graduate supervision: Emil Dzhunushaliev (2024-present)

University of California, Berkeley Psychophysiology Lab (PI: Dr. Robert Levenson)
   Undergraduates (*N*=16): Miranda Calacsan, Enna Chen, Hannah Cozad, Tingyue Cui, Aiko De Arth, Turner
      Griffin, Ariana Guenther, Joyce Hong, Kathryn Li, Shobhan Mangla, Enoch Min, Sophia Rougraff, Kellan
      Sanchez, Dhivya Srinivasan, Elaine Tang, Vincent Wang
   Description: Supervising students' data collection using peripheral psychophysiology measures and eye-tracking,
      scoring psychophysiology data from stationary and ambulatory data collection methods
   Select student outcomes: PhD Students (Arizona State University, Stanford University).

Penn State University, Psychology Department
   Graduate student peer mentees (*N*=3): Myles Arrington, Eliana Hadjiandreou, Amanda Moeller
   Description: Scheduled regular meetings with students to provide advice on guidance on approaching their Ph.D.
      program at Penn State University.

Penn State University, Empathy and Moral Psychology Lab (PI: Dr. C. Daryl Cameron)
   Undergraduates (*N*=18): Julia Arsenis, Nico Buentello, Shenyun Chen, Marco Ciappetta, Mackenzie Flanders,
      Kriss-Ann Gayle, Olivia George, Isabella González Giraldo, Peter Huber, Zineb Kobi, Cassie Sieradzky,
      Sarah Stevenson-Peck, Alyssa Sweeney, Bayla Thompson, Rachel Usatch, Matthew Welsh, Kayleigh White,
      Ruiqi Zhang
   Description: Mentored 4-8 students per semester on research with human subjects and on how to conduct
      empirical research in social psychology.
   Select student outcomes: PsyD Student (Widener University), Lab Coordinator (Penn State University).

University of Iowa, Iowa Morality Lab (PI: Dr. C. Daryl Cameron)
   Undergraduates (*N*=16): Brandon Anderson, Jordon Bell, Weiwen Chen, Gabrielle Dillman, Mengzhu Fu, Yu
      Han, Xiaotian He, Devon Henderson, Megan Hopkins, Sawyer Kieffer, Chance Lacina, Lijing Ma, Astrid
      Montuclard, Amira Nash, Matthew Neuberger, Vincent Peiffer
   Description: Mentored 4-8 students per semester on research with human subjects and on how to conduct
      empirical research in social psychology.

University of Toronto, Embodied Social Cognition Lab (PI: Dr. Elizabeth Page-Gould)
   Undergraduates (*N*=50): Nischal Arora, Michelle Atsu, Tahmina Aziz, Veerpal Bambrah, Mark Berridge, Rachel
      Burnette, Ifrah Butt, Jairo Caceres, Udai Chauhan, Adrian Dizon, Vicki (Mengxi) Dong, Jennifer D'Souza,
      Hend Al Fayez, Amanda Gamache, Amanda Gonsalves, Chad Groulx, Abdul Hour, Ryan Nicholas Howes,
      Brigitte Kadiata, Dinat Farhana Khan, Daniela Kutleva, Ling Lam, Vivian Liang, Christine Liu, Angela
      Mahendiran, Tacie Marryshow, Amanda Mejia, Satmeen Nagra, Harrish Nithianandan, Amanda Nonis, Josiah
      Osagie, Sabrina Page, Sukanya Pathmarasa, Jenna Pirmohamed, Daniel John Potter, Matthew Quitasol,

Denise May Santos, Jermaine Sargeant, Zaini Sarwar, Ramish Shahab, Ashif Shahid, Parco Sin, Sanvir Singh, Filip Stojic, Lily Thai, Jannell Thompson, Christina Tran, Maria Alessandra Tuccitto, Matthew Wilmot, Michael Xie

Description: As a lab manager, supervised 20-25 students per semester on research with human subjects, how to collect data using peripheral psychophysiology measures (e.g., electrocardiography, impedance cardiography), and how to code data collected from psychophysiology measures.

Select student outcomes: Clinical Psychology PhD Students (University of Toronto, York University), Social/Personality Psychology PhD Student (University of Toronto), Industrial/Organizational PhD Student (University of Guelph), Healthcare workers and technicians (University Health Network).

University of Toronto, Toronto Lab for Social Neuroscience (PI: Dr. Michael Inzlicht)

Undergraduates (*N*=41): Hiba Ahmed, Lubna Ahmed, Rukaiya Alidina, Neelabh Datta Choudary, Jane Yating Ding, Fatima Farooq, Alita Fernandez, Carl Francis, Madina Ghafori, Chris Harabas, Frank He, Antu Hossain, Mahfuz Hossain, Abdul Hour, Jalini Jeyaraman, Jithan Karalasingam, Muhammad Basit Khurram, Jaeger Lam, Amy Law, Ethan Hao Li, Vivian Liang, Jananie Manoharan, Maxine Mills, Jenkin Mok, Sara Mossad, Kinjal Patel, Lesley-Anne Phu, Jason Pinto, Tayyab Pirzada, Hassan Shafique, Buvani Sivagnanasunderam, Seyon Sivagurunathan, Sanjay Sothilingam, Jennifer Struth, Tyler Tabobondung, Tharshika Thangarasa, Belinda Williams, Matthew Wilmot, Clark Xie, Li Nan Xu, Lucia You

Description: As a lab manager, supervised 20-25 students per semester on research with human subjects and on data collection with peripheral psychophysiology measures and electroencephalography (EEG).

Select student outcomes: PhD Student in Cognitive Psychology (University of Toronto), PhD Students in Clinical Neuropsychology (York University), ND in Naturopathic Medicine (Nova Health Integrative Medicine), MD Students (McMaster University, University of Ottawa), Healthcare workers and technicians (University Health Network).

Committee and Volunteer Work

2022 – 2023   Society for Affective Science
                        Postdoctoral Fellow Member-at-Large

2020 – 2021   Society for Personality and Social Psychology
                        Graduate Student Member-at-Large
                        (Chair) Professional Development Symposium: The Academic Job Market, *SPSP 2021*

The Pennsylvania State University
                        Graduate Alliance for Diversity and Inclusion (GADI), College of Liberal Arts
2018 – 2019   Steering Committee Member, start-up consultant
                        Initiatives: University allyship network task force
                        BRIDGE Diversity Alliance, Department of Psychology
2017 – 2019   Steering Committee Member
2016 – 2017   Media and Outreach Committee Member
2016 – 2019   Department Climate Reviewer – student well-being and equity perceptions
                        Initiatives: Psi Chi grad school application panel, department mentoring coordinator
                            Recipient of the BRIDGE Diversity Impact Award (2019)
                        Social Psychology Training Area, Department of Psychology
2017 – 2019   Student Representative
                        Neuroscience Students Association (AXONS), Department of Psychology
2017 – 2018   Vice-President
2016 – 2017   Secretary

University of Iowa
2014 – 2015   Undergraduate Research Fair Judge

Professional Affiliations

Association for Psychological Science (APS)
Midwestern Psychological Association (MPA)
Moral Psychology Research Group (MPRG)
Society for Affective Science (SAS)
Society for Personality and Social Psychology (SPSP)

Professional Trainings

Feb 2024	Flourish Retreat, *SPSP*
Feb 2022	Beyond Performativity: How to be an Effective Anti-racist, *A Better Force*
July 2019	Summer Institute at New York University, *Society for Personality and Social Psychology*
Aug 2018	Essentials of Online Teaching, *Penn State University Schreyer's Institute*
July 2018	Transgender 101, *Penn State University Center for Sexual and Gender Diversity*
Apr 2018	Safer People Safer Places, *Penn State University Center for Sexual and Gender Diversity*
July 2015	Entering Mentoring, *University of Iowa Graduate College*

Research Experience

Postdoctoral Research Fellow
Sept 2021 – Present   Berkeley Psychophysiology Lab (PI: Robert Levenson)
Graduate Student Researcher
Aug 2016 – July 2021   Empathy and Moral Psychology Lab (PI: C. Daryl Cameron)
Aug 2014 – July 2016   Iowa Morality Lab (PI: C. Daryl Cameron)
Behavioral Biomedical Interface Training Rotations
May 2016 – July 2016   Cognitive Neurology Lab (PI: Jan Wessel)
Aug 2014 – July 2016   Tranel Research Lab (PI: Daniel Tranel)
Undergraduate Student Researcher
May 2013 – Aug 2014   Social Ecology Lab (PI: Marc Fournier)
Lab Manager & Undergraduate Student Researcher
Aug 2012 – Aug 2014   Work and Play Lab (PI: Michael Inzlicht)
                                        Formerly known as the Toronto Laboratory for Social Neuroscience
Sept 2010 – Aug 2014   SPQRL (PI: Elizabeth Page-Gould)
                                        Formerly known as the Embodied Social Cognition Lab

Hardware and Software Systems

Biological Data Collection: BIOPAC, MindWare, Empatica E4 Watch, QRSTool, Tobii Eye-Tracking, ANT Neuro, Brain Vision, SPM, AFNI
Behavioral Data Collection: E-Prime, DirectRT, Inquisit, MediaLab
Survey Data Collection: Amazon MTurk, Qualtrics, SurveyMonkey, Wufoo
Statistical Approaches: Analysis of Variance (ANOVA), Missing Data Analysis, Latent Growth Modeling (LGM), Mixed-Effects Modeling, Multilevel Modeling, Natural Language Processing (NLP), Regression, Structural Equation Modeling (SEM)
Statistical Software: MATLAB, R, SPSS

Media & Outreach

2024	Your Mind on Compassion
	Minds Matter Podcast
	Approaching the Academic Job Market
	The Hidden Curriculum in Psychology (HICCUP)

2020   [Moral emotions during COVID-19: Examining the role of motivation and choice](#)
                                 Penn State Social Science Research Institute

References

References available upon request.